westside pilates

!WELCOME TO OUR STUDIO!

Westside Pilates, LLC is committed to providing you with the best Pilates training and education available. All private, semi-private, and group classes are one hour in lenghth. All classes may be purchased individually or in packages which offer you a better rate per class.

Please take a moment to review our studio policies below:

How did you hear about our studio? Circle One: The Oregonian The Columbian

Internet Search My Friend Referred me!_____

Yellow Pages Other_____

Password:_____

Client Agreement

Working with Instructors and scheduling an appointment: To set up an appointment either speak directly with the owner or your instructor or leave a message on the answering machine or email and we will contact you to confirm the details.

Cancellation Policy: Westside Pilates, LLC requires 12 hour notice to change or cancel an appointment, including group classes, private classes and semi-private classes. A semi-private class may be upgraded to a private class for an additional $20.00

Returned Check Fee: A $25.00 fee will be applied to any checks that have been returned that been returned due to insufficient funds.

Interruptions: The Pilates method requires a lot of concentration and focus to learn well. Please be respectful of others and yourself by turning off cell phones and beepers while in studio.

Socks: It is recommend that participants wear designated Pilates or yoga socks during their sessions.

I have read the above policies and fully understand and agree to them.

Signature:_____

Print Name:_____

Thank you for choosing Westside Pilates, LLC!